

GREATER CAPITAL REGION ALL-TIME MARATHON LISTS

MEN

1	Louis Serafini	Niskayuna	2:14:59	CIM, Sacramento, CA	2022
2	Barry Brown	Colonie	2:15:15	Twin Cities, MN	1984
3	Jonathan Aziz	ND-BG	2:15:30	Grandma's, Duluth, MN	2022
4	Mark Sheehan	Queensbury	2:15:58	Jacksonville, FL	1986
5	Daniel Lennon	Peru	2:16:08	Chicago, IL	2019
6	Thomas Skinkle	Vincentian Inst.	2:17:01	Boston, MA	1983
7	Dennis Northrup	Ravena	2:18:07	Boston, MA	1984
8	Jacob Andrews	Fabius-Pompey	2:18:43	CIM, Sacramento, CA	2019
9	Kieran O'Connor	ND-BG	2:18:52	CIM, Sacramento, CA	2018
10	Jim Bowles	Vincentian Inst.	2:19:25	Boston, MA	1975
11	Dan Predmore	Fairport	2:19:34	Boston, MA	1981
12	Jaime Julia	Amsterdam	2:20:17	Hamburg, Germany	2016
13	Bruce Teague	Glens Falls	2:20:22	Savannah, GA	1980
14	Dale Keenan	Ravena	2:20:59	Mohawk-Hudson, Albany, NY	1982
15	Eric MacKnight	Newtown, CT	2:22:21	Hartford, CT	2013
16	Scott Mindel	Shenendehowa	2:22:25	Boston, MA	2013
17	Kevin Williams	Plattsburgh	2:23:11	Marine Corps, DC	1983
18	Howie Herrington	Hoosic Valley	2:24:00	Boston, MA	1981
19	Carlo Cherubino	C. McCloskey	2:24:04	NY, NY	1979
20	Tom Dalton	CBA, Syracuse	2:24:10	New Orleans, LA	1984

WOMEN

1	Samantha Roecker	Burnt Hills	2:29:59	Marathon Project, Chandler, AZ	2020
2	Jodie Robertson	Voorheesville	2:34:22	Mohawk-Hudson, Albany, NY	2014
3	Nancy Dragoo Mieszczyk	Waterford	2:39:15	Milwaukee, WI	1983
4	Gina Shaw Slaby	S. Glens Falls	2:39:35	Twin Cities, MN	2011
5	Laura Lamena Coll	Shaker	2:39:37	Nagoya, Japan	1991
6	Ellen Weglarz Predmore	CCHS	2:40:42	USOT, Olympia, WA	1984
7	Karen Bertasso Hughes	Scotia	2:41:27	CIM, Sacramento, CA	2022
8	Megan Hogan	Spa Catholic	2:42:00	Boston, MA	2019
9	Ashley Gorr	Albany	2:45:31	Hartford, CT	2011
10	Cara Sherman Udvadia	Mohonasen	2:47:08	Marine Corps, DC	2022
11	Jennifer Fazioli	Averill Park	2:47:22	Mohawk-Hudson, Albany, NY	2002
12	Diane Matthews	Albany	2:48:19	Chicago, IL	2006
13	Christine Myers	Guilderland	2:48:32	Hartford, CT	2021
14	Eileen Combs Ferguson	Liverpool	2:50:19	Kentucky Derby, Louisville, KY	2007
15	Emily Bryans	Cazenovia	2:50:36	Mohawk-Hudson, Albany, NY	2010
16	Susan Hay	Niskayuna	2:51:11	Philadelphia, PA	1983
17	Dana Ostrander Bush	Shenendehowa	2:53:16	Mohawk-Hudson, Albany, NY	2019
18	Nancy Egerton	C. McCloskey	2:53:17	Charlotte, NC	1991
19	Kara Lynne Kerr	Bryn Mawr, PA	2:53:27	Philadelphia, PA	2004
20	Mollie DeFrancesco	Averill Park	2:53:32	Hartford, CT	2017

*Criteria for inclusion is either attended high school locally or lived extensively in the area.

~ Compiled by Mark Mindel. Updated October, 2023. For revisions: eliscomin10@gmail.com